

The 2014 Visegrip Viking™ Challenge

Captains of Crush® Silver Bullet™ no weight division

(men/women)

The athlete (reverse order of overall standing) will attempt to crush and then hold a 19mm CoC Silver Bullet™ between the handles of a No. 3 Captains of Crush (CoC) Gripper (women will use No. 2) and hold it until it falls out or the athlete's hand opens. Athlete's hand must be vertical position (not supinated or pronated), in front of athlete's body, and clear of athlete's other hand. A 2.5kg weight (CoC Silver Bullet disc) will be attached to the CoC Silver Bullet and the best time wins. No grip aids other than chalk allowed. The current World Record is 53.97 seconds set by Mike Burke (USA) at Visegrip Viking Challenge January 20, 2013.

http://www.ironmind.com/ironmind/opencms/_2011/CoC-Silver-Bullet-Rules-World-Records

Competitors	Time	Place	SCORE	Sub Total
Women				
Sonya de Gallego (California)				
Visegrip Viking MEN				
Robert Vengbai	x	8	0	4
Arpa Damedian	9.00	5	4	6
Riccardo Magni	22.59	3	6	12
Derek DeVaughan	2.78	6	3	13
Odd Haugen	x	7	0	14
John Machnik	31.19	2	7	15
Martins Licis	21.59	4	5	17
Alexey Tyukalov	48.13	1	8	24
		36	33	105